



UNIFORM POLICY FOR UPPER SCHOOL

7th - 12th Grades

Dressing each morning begins from the inside out. The first order of business is to make sure that students are personally clean and well-groomed. The HRA uniform standards include healthy grooming habits and hygiene. Hair must be combed each day as well as being cut into a suitable length and style. All uniform items need to be clean and fit properly. Clothing needs to be washed at least once a week. Students should not be coming to school with stains and smudges on their uniforms.

Dress Uniform for Gentlemen:

- Clean and combed hair, trimmed to remain out of the eyes and off the collar
- Hair may only be dyed a natural color
- Clean shaven
- Sideburns only to the earlobe
- Solid white undergarments
- White dress shirt with button-down collar
- Navy V-neck sweater vest (*Optional)
- Navy blazer
- Black or khaki uniform trousers with no external pockets
- Black belt with undecorated silver or dark buckle
- School tie
- Black shoes that can be polished
- Black dress socks (no low-cut or “no show” socks)
- No jewelry other than watches and religious items; limited to one on the wrist and one around the neck

Dress Uniform for Ladies:

- Clean and combed hair, styled to remain out of the eyes
- Hair may only be dyed a natural color
- Hair accessories must be tasteful and complement the uniform (black, white, forest green, navy, or maroon)
- Solid white undergarments
- White pointy/square/pin-collared blouse
- Plaid skirt (length to fully cover kneecap when standing)
- White, navy, or black cotton knee socks or tights, or nude pantyhose (no low-cut or “no show” socks)
- Black leggings may be worn in winter months under the skirt if there is no gap between the legging and the sock
- Modest closed-toe black dress shoes (flats recommended with a maximum heel of 1 ½ inch height and minimum 1 inch width; no Keds or Vans style shoes are permitted with the dress uniform)

- Ladies in grades 9 – 12 may wear a modest amount of make-up applied tastefully.
- Ladies in grades 9 – 12 may wear clear nail polish or a French manicure. Nails should not be excessively long and should be a natural shape.
- Jewelry: Girls may wear one pair of short earrings on the ear lobes only. “Short” means that the earrings should not hang more than ½ inch below the ear lobe. Large hoops or other dangling or distracting earrings are not permitted. Loops are not to be larger than the size of a nickel. No body-piercing jewelry except traditionally-located earrings is permitted. One simple ring on each hand is permitted. One wrist bracelet and one watch (excluding “smart” watches which are not to be worn at school or for any school event) are permissible. Ladies may also wear one visible necklace, either plain or with a religious medal. The necklace chain should be delicate, metal, and in a single strand. Only simple, fine-gauged, 16- to 20-inch, silver or gold chain necklaces (with or without a pendant) are permitted. If a pendant is worn, it should be tasteful, appropriate, and small—religious medals and crosses are ideal, with no pendant to exceed ½ inch in length, width, or diameter. No chokers, no beaded necklaces (colored or otherwise), no leather necklaces, no shells, and no large or elaborate chain-link may be worn.

Uniform Option for Upper School Girls Upper School ladies wear white blouses with square or pin collars, beneath a fine gauge navy cardigan or navy V-neck sweater (any of the following Schoolbelles items are permitted: Fine Gauge Round Neck Cardigan - #1960; or Fine Gauge V-Neck Pullover - #1983; or V-Neck Pullover Sweater - #1993). Girls have the option of wearing a crisscross tie or no tie. Girls choosing the no-tie option may not have any buttons undone except for the one uppermost on the blouse.

P.E. Uniform:

- Gym uniform is required on P.E. days and on other designated gym uniform days
- Solid black nylon or cotton sweat pants that are not form-fitting (ex. no leggings or yoga pants). (Students may have sweat pants with a white stripe down the side if solid black cannot be found. No visible logos are permitted).
- Official grey HRA t-shirt with logo, or Green HRA Spirit Wear t-shirt
- Official HRA Olympia style zip-up jacket or HRA sweatshirt with embroidered crest
- White athletic socks
- Neutral tennis shoes with a dominant color of black, white, or grey (minimal color on the soles or sides is acceptable if a solid color cannot be found)
- Shoelaces may only be black, white, or grey
- Students who take P.E. should have two pairs of uniform sneakers: one for recess, and one pair of indoor-only P.E. shoes
- Students may not have shoes that light up or blink

Outdoor Clothing

- A coat and boots are required to play outdoors when there is snow on the ground.
- Students who do not have proper outdoor activities may not be able to participate in outdoor activities.
- Coats and snow gear should complement the school uniform.
- Neon colors are not recommended as they are inconsistent with the uniform. Students may wear their coats from building to upon entering a properly heated building.
- Students may wear their coats from building to building but must remove them upon entering a properly heated building.

DRESS CODE for NON-UNIFORMED ACTIVITIES

Students represent the school; therefore, upper school students should dress modestly. Modesty shows respect for the human person. Students are encouraged to speak with their homeroom teacher and parents about what modesty includes. "Teaching modesty to children and adolescents means awakening in them respect for the human person" (CCC 2524). While the forms of modesty vary in each culture and climate, it is acknowledged that social norms can be an insufficient standard in a fallen world. HRA therefore concretely outlines the expectations for modest dress, which is expected at all school-related activities, whether or not students are required to be in uniform.

In General

- All clothing should fit the person wearing it. Garments should neither be too large nor too tight to move comfortably and gracefully.
- Ripped denim, leggings worn as pants, or yoga pants are never appropriate for school wear at any time or any occasion.

Sporting Activities

- T-shirts are to be worn under loose-fitting team jerseys.
- When the shorts of a sports uniform or training gear are shorter than mid-length, a pair of half-length leggings with a hemline just above the knee should be worn to accommodate activities while preserving modesty.

Spirit Days

- The Upper School teachers will determine whether students may participate in a given Spirit Day.
- Costumes for Spirit Days are subject to the same standards of dress as any other non-uniformed school activity.
- Attire should reflect the theme of the event.
- Students who come to school in costume are required to bring their P.E. uniform with them in case there are any problems with the costume that would require replacing all or part of it with appropriate clothing.

*This is excerpt is from the upper school planner/handbook.



BEST GEAR
FOR THE
SCHOOL YEAR

Our uniform vendor is Schoolbelles School Uniforms. Our school code is S2694.

Here is the website for direct access:

<http://www.schoolbelles.com/myschool/M37/S2694>

Select the gender of your student and click the 'Shop' button.

The upper school sweat shirt and the lower school pullover for the P.E. uniform are in the Spirit Wear box. The t-shirt is in the Athletic Wear box.